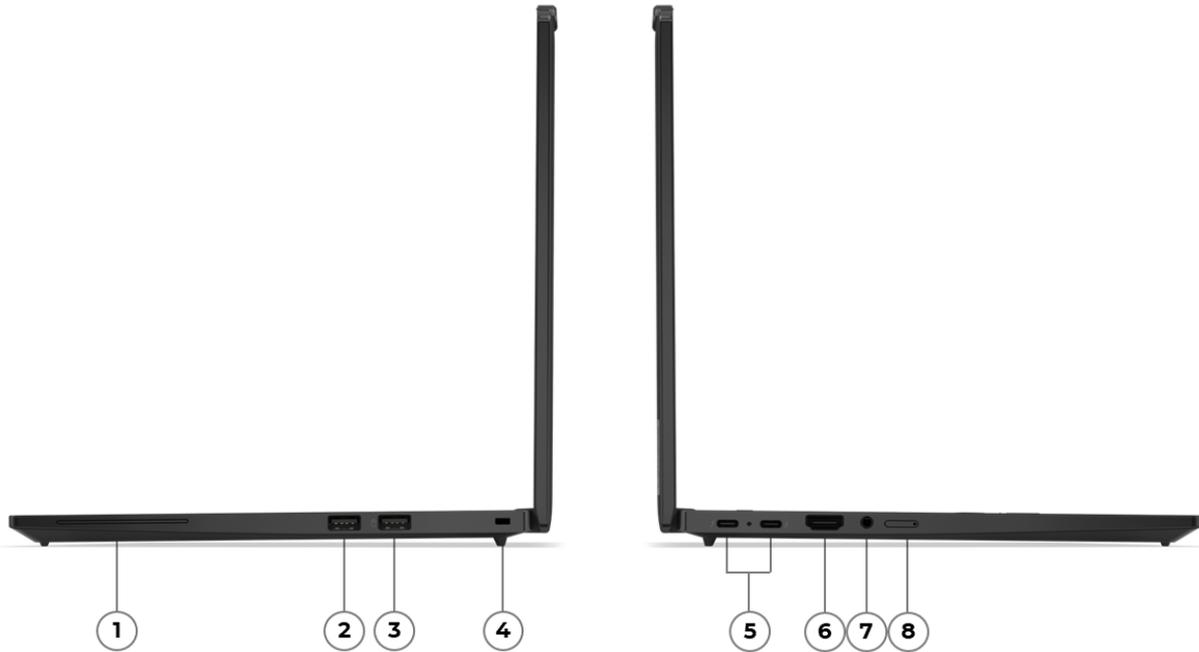


## OVERVIEW



1. Smart card reader *	5. 2x Thunderbolt 4
2. USB-A (USB 5Gbps)	6. HDMI
3. USB-A (USB 5Gbps), Always On	7. Headphone / microphone combo jack (3.5mm)
4. Kensington Nano Security Slot	8. Nano-SIM card slot *

Notes:

- Items with \* are only available on selected models

## PERFORMANCE

### Processor

#### Processor Family

Intel® U or H Series Core Ultra 5 / 7 Processor (Series 1)

#### Processor\*\*

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Processor Graphics	NPU	Overall TOPS
Core Ultra 5 125U	12 (2 P-core + 8 E-core + 2 LP E-core)	14	P-core 1.3GHz / E-core 800MHz / LP E-core 700MHz	P-core 4.3GHz / E-core 3.6GHz / LP E-core 2.1GHz	12MB Intel® Smart Cache	Intel® Graphics	Intel® AI Boost	-
Core Ultra 5 135U	12 (2 P-core + 8 E-core + 2 LP E-core)	14	P-core 1.6GHz / E-core 1.1GHz / LP E-core 700MHz	P-core 4.4GHz / E-core 3.6GHz / LP E-core 2.1GHz	12MB Intel® Smart Cache	Intel® Graphics	Intel® AI Boost	-
Core Ultra 7 155H	16 (6 P-core + 8 E-core + 2 LP E-core)	22	P-core 1.4GHz / E-core 900MHz / LP E-core 700MHz	P-core 4.8GHz / E-core 3.8GHz / LP E-core 2.5GHz	24MB Intel® Smart Cache	Intel® Arc™ Graphics, up to 18 TOPS	Intel® AI Boost, up to 11 TOPS	Up to 33 TOPS
Core Ultra 7 155U	12 (2 P-core + 8 E-core + 2 LP E-core)	14	P-core 1.7GHz / E-core 1.2GHz / LP E-core 700MHz	P-core 4.8GHz / E-core 3.8GHz / LP E-core 2.1GHz	12MB Intel® Smart Cache	Intel® Graphics, up to 8 TOPS	Intel® AI Boost, up to 11 TOPS	Up to 22 TOPS
Core Ultra 7 165H	16 (6 P-core + 8 E-core + 2 LP E-core)	22	P-core 1.4GHz / E-core 900MHz / LP E-core 700MHz	P-core 5.0GHz / E-core 3.8GHz / LP E-core 2.5GHz	24MB Intel® Smart Cache	Intel® Arc™ Graphics	Intel® AI Boost	-
Core Ultra 7 165U	12 (2 P-core + 8 E-core + 2 LP E-core)	14	P-core 1.7GHz / E-core 1.2GHz / LP E-core 700MHz	P-core 4.9GHz / E-core 3.8GHz / LP E-core 2.1GHz	12MB Intel® Smart Cache	Intel® Graphics	Intel® AI Boost	-

### AI (Artificial Intelligence)

#### AI PC Category

AI PC<sup>[1]</sup>

#### NPU

Integrated Intel® AI Boost, up to 11 TOPS

Notes:

[1] AI PCs have a NPU capable of 10+ TOPs to run the Copilot assistant by pressing the optional Microsoft® Copilot key or using Win + C.

### Operating System

#### Operating System\*\*

- Windows® 11 Pro
- Windows® 11 Home
- Windows® 11 Home Single Language
- Windows® 11 DG Windows® 10 Pro 64<sup>[1]</sup>
- Ubuntu Linux<sup>[2]</sup>
- Linux<sup>[3]</sup>
- No preload operating system

Notes:

[1] Windows® 11 DG Windows® 10 Pro 64 is for special bid only.

[2], [3] Some features may not be supported on the system with Linux preload, including but not limited to Intel® RST RAID, MIPI computer vision camera, WWAN, Human Presence Detection, etc.

## Graphics

### Graphics\*\*

Graphics	Type	Memory	Key Features
Intel® Graphics	Integrated	Shared	DirectX® 12.1
Intel® Arc™ Graphics	Integrated	Shared	DirectX® 12.2

## Monitor Support

### Monitor Support<sup>[1]</sup>

Supports up to 4 independent displays (native display and 3 external monitors via HDMI® and Thunderbolt™)

- HDMI® supports up to 4K@60Hz
- Thunderbolt™ supports up to 8K@60Hz<sup>[2]</sup>

Notes:

[1] Refresh rates >60hz also supported, however max resolution will be limited.

[2] 8K resolution support needs 2 display pipes. That is, simultaneous display number will “-1” when 8K resolution displayed.

## Chipset

### Chipset

Intel® SoC (System on Chip) platform

## Memory

### Max Memory

- 16GB soldered memory, not upgradable
- 32GB soldered memory, not upgradable
- 64GB soldered memory, not upgradable

### Memory Slots

Memory soldered to systemboard, no slots, dual-channel

### Memory Type

LPDDR5x-6400<sup>[1]</sup>

Notes:

[1] Installed memory is actually LPDDR5x-7500 but runs as LPDDR5x-6400 due to platform limitation.

## Storage

### Max Storage Support<sup>[1]</sup>

One drive, up to 2TB M.2 2280 SSD

### Storage Slot<sup>[2]</sup>

One M.2 2280 PCIe® 4.0 x4 slot

### Storage Type\*\*

Disk Type	Interface	Offering	Security
M.2 2280 SSD	PCIe® NVMe®, PCIe® 4.0 x4	256GB / 512GB / 1TB	Opal 2.0
M.2 2280 SSD	PCIe® NVMe®, PCIe® 4.0 x4 Performance	512GB / 1TB / 2TB	Opal 2.0

Notes:

[1] The storage capacity supported is based on the test results with current Lenovo® storage offerings.

[2] The actual data transfer rate of the following PCIe® interface also depends on the capabilities of the connected PCIe® device. The listed values represent theoretical maximums.

PCIe® 3.0 (x2 / x4): 2 GB/s (16 Gbps) / 4 GB/s (32 Gbps);

PCIe® 4.0 (x2 / x4): 4 GB/s (32 Gbps) / 8 GB/s (64 Gbps);

PCIe® 5.0 (x2 / x4): 8 GB/s (64 Gbps) / 16 GB/s (128 Gbps).

## Removable Storage

**Card Reader**

No card reader

**Multi-Media****Audio Chip**

High Definition (HD) Audio, Realtek® ALC3287 codec

**Speakers**

Stereo speakers, 2W x2, Dolby Audio™

**Microphone**

- Dual-microphone array, 360° far-field, Dolby Voice®
- No microphone<sup>[1]</sup>

**Camera\*\***

- 5.0MP + IR discrete, with privacy shutter, fixed focus, temporal noise reduction
- 5.0MP, with privacy shutter, fixed focus, temporal noise reduction
- No camera<sup>[2]</sup>

Notes:

[1] No microphone is for special bid only.

[2] No camera is for special bid only.

**Battery****Battery<sup>[1]</sup>**

58Wh Rechargeable Li-ion Battery, supports Rapid Charge (charge up to 80% in 1hr) with 65W AC adapter

**Battery Life<sup>[2]</sup>**

Configuration 1 (max battery life)

MobileMark® 25: up to 15.2 hr with 746 performance score @250nits

JEITA-BAT 3.0 (Video/Idle): up to 14.5 hr / 33.4 hr @200nits

Local video playback: up to 21.4 hr @150nits

Alternate configuration 2

MobileMark® 25: up to 14.5 hr with 663 performance score @250nits

JEITA-BAT 3.0 (Video/Idle): up to 14.2 hr / 33.6 hr @200nits

Local video playback: up to 22.2 hr @150nits

Alternate configuration 3

MobileMark® 25: up to 14.3 hr with 664 performance score @250nits

JEITA-BAT 3.0 (Video/Idle): up to 12.0 hr / 25.2 hr @200nits

Local video playback: up to 20.4 hr @150nits

Notes:

[1] Rapid charge is only guaranteed when the computer is turned off or in standby mode or in hibernation mode. When the computer is powered on, the Charge Time will vary depending on system power consumption and AC adapter power.

[2] Configuration 1 (max battery life): WUXGA low power (non-touch), Intel® Core™ Ultra 7 155H, 16GB LPDDR5x, Win 11, 58Wh battery, best power efficiency power mode

Alternate configuration 2: WUXGA low power (non-touch), Intel® Core™ Ultra 5 135U, 16GB LPDDR5x, Win 11, 58Wh battery, best power efficiency power mode

Alternate configuration 3: WUXGA (non-touch), Intel® Core™ Ultra 5 135U, 16GB LPDDR5x, Win 11, 58Wh battery, best power efficiency power mode

All battery life claims are approximate maximum and based on results using [MobileMark® 25](#), JEITA 3.0, continuous 1080p local video playback (using default Media Player in Fullscreen mode with 150nits brightness and default volume level), or Google Power Load Test (PLT) battery-life benchmark tests.

Actual battery life will vary depending on many factors such as product configuration, software, wireless functionality, power management settings, and screen brightness.

The maximum capacity of the battery will decrease with time, ambient temperature and use.

Refer to [Microsoft® link](#) for more information about the Windows® Performance power slider.

**Power Adapter****Power Adapter\*\*<sup>[1]</sup>**

- 45W USB-C® (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 45W USB-C® (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C® (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C® (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C® slim (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C® slim (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- No power adapter<sup>[2]</sup>

Notes:

[1] AC adapter offerings depend on the country.

[2] No power adapter is for special bid only.

## DESIGN

### Display

Display\*\*<sup>[1]</sup>

Size	Resolution	Touch	Type	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Refresh Rate	Viewing Angle (L/R/U/D)	Key Features
14"	WUXGA (1920x1200)	Non-touch	IPS <sup>[2]</sup>	400nits	Anti-glare	16:10	800:1	45% NTSC	60Hz	85° / 85° / 85° / 85°	3M™ DBEF5
14"	WUXGA (1920x1200)	Multi-touch	IPS <sup>[3]</sup>	400nits	Anti-glare	16:10	800:1	45% NTSC	60Hz	85° / 85° / 85° / 85°	Eyesafe® Certified 2.0, 3M™ DBEF5
14"	WUXGA (1920x1200)	Non-touch	IPS <sup>[4]</sup>	400nits	Anti-glare	16:10	800:1	100% sRGB	60Hz	85° / 85° / 85° / 85°	Low power
14"	WUXGA (1920x1200)	Multi-touch	IPS <sup>[5]</sup>	500nits	Anti-glare	16:10	1500:1	100% sRGB	60Hz	89° / 89° / 89° / 89°	ThinkPad® Privacy Guard
14"	2.8K (2880x1800)	Non-touch	OLED	400nits	Anti-glare, anti-reflection, anti-smudge	16:10	100,000:1	100% DCI-P3	120Hz	85° / 85° / 85° / 85°	DisplayHDR™ True Black 500, Dolby Vision®, Eyesafe® Certified 2.0

#### Touchscreen

- On-cell multi-touch, supports 10-point touch
- Non-touch

#### Screen-to-Body Ratio

88%

Notes:

[1] 3M™ DBEF5 (Dual Brightness Enhancement Film) improves the experience with higher brightness and lower energy.

[2], [3], [4], [5] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

### Input Device

#### Pen

No support

#### Keyboard

6-row, spill-resistant, multimedia Fn keys, key travel 1.5mm / 1.35mm (Fn row & G/H/B), Copilot key

#### Keyboard Backlight

LED backlight

#### UltraNav™

TrackPoint® pointing device, double-tap to open the TrackPoint® Quick Menu

Glass-like Mylar® surface multi-touch 3-button Trackpad, 61 x 115 mm (2.40 x 4.53 inches)

### Mechanical

**Dimensions (WxDxH)<sup>[1]</sup>**

Models	Dimensions
Models with grey cover	313.6 x 219.4 x 16.6 mm (12.35 x 8.64 x 0.65 inches)
Models with black cover	313.6 x 219.4 x 16.9 mm (12.35 x 8.64 x 0.67 inches)

**Weight<sup>[2]</sup>**

Models	Weight
Models with grey cover	Starting at 1.45 kg (3.19 lbs)
Models with black cover	Starting at 1.24 kg (2.73 lbs)

**Case Color\*\***

- Black
- Grey

**Case Material\*\***

- Black models: carbon fiber hybrid (top), aluminium (bottom)
- Grey models: aluminium (top), aluminium (bottom)

## Notes:

[1] The system dimensions may vary depending on configurations.

[2] The system weight is approximate and based on results in Lenovo® lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

**CONNECTIVITY****Network****WLAN + Bluetooth®\*\*<sup>[1]</sup>**

- Intel® Wi-Fi® 6E AX211, 802.11ax 2x2 Wi-Fi® + Bluetooth® 5.3, Intel® vPro® technology support<sup>[2]</sup>
- Intel® Wi-Fi® 7 BE200, 802.11be 2x2 Wi-Fi® + Bluetooth® 5.3 (Bluetooth® 5.4 hardware ready), Intel® vPro® technology support<sup>[3]</sup>

**WWAN\*\***

- Wireless WAN upgradable to 4G (with antenna ready)
- Wireless WAN upgradable to 4G or 5G (with antenna ready)
- Quectel EM061K-GL, 4G LTE CAT6, M.2 card, with embedded eSIM functionality
- Quectel RM520N-GL, 5G Sub-6 GHz, M.2 card, with embedded eSIM functionality
- No support

**SIM Card**

- KDDI eSIM Program (Japan)<sup>[4]</sup>
- No physical SIM card inbox

**Ethernet**

No onboard Ethernet<sup>[5]</sup>

**NFC**

- Near Field Communication
- No support

## Notes:

[1] Wi-Fi® operation (including Wi-Fi® 6, Wi-Fi® 6E, Wi-Fi® 7, etc.) is subject to the regulatory requirements of each country. Bluetooth® may operate at a lower version than hardware design depending on the factors such as operating system, driver, etc.

[2], [3] Intel® vPro® platform requires the hardware and software necessary to deliver the manageability use cases, security features, system performance, and stability that define the platform. For detailed vPro® support information, please refer to the System Management section.

[4] KDDI eSIM Program has no physical SIM card inbox and is for special bid only.

[5] Ethernet support via optional Lenovo® USB-C® to Ethernet Adapter.

## Ports<sup>[1]</sup>

### Standard Ports

- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 2x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.1 and DisplayPort™ 2.1
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)

### Optional Ports<sup>\*\*\*</sup>

- 1x Nano-SIM card slot (WWAN support models)
- 1x Smart card reader

Notes:

[1] The transfer speed of the ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.

## Docking

### Docking

Various docking solutions supported via Thunderbolt™ / USB-C®.

For more compatible docking solutions, please visit [Docking for ThinkPad® T14s Gen 5](#)

## SECURITY & PRIVACY

## Security

### ThinkShield

ThinkShield is a comprehensive security solution that encompasses hardware, software, and supply chain components. For more details, visit [here](#)

### Security Chip

Discrete TPM 2.0, TCG certified, FIPS 140-2 certified

### Physical Locks

Kensington® Nano Security Slot™, 2.5 x 6 mm

### Smart Card Reader

- Smart card reader, supports ISO 7816 and EMV
- No smart card reader

### Fingerprint Reader

- Touch style fingerprint reader integrated in power button, match-on-chip
- No fingerprint reader

### BIOS Security

- Certificate-based BIOS authentication
- FIDO (Fast Identity Online) authentication
- NVMe® password
- Power-on password
- Supervisor password
- System management password
- Self-healing BIOS
- More BIOS security features, please visit [BIOS Simulator<sup>\[1\]</sup>](#)

### Other Security

- Camera privacy shutter (camera models)
- Ultrasonic Human Presence Detection (IR camera models)<sup>[2]</sup>
- (Optional) IR camera for Windows® Hello (facial recognition)
- Privacy Guard with Privacy Alert (models with ThinkPad® Privacy Guard display)

Notes:

[1] The BIOS simulator is just for reference. Default settings and some options may vary depending on the hardware, operating system and BIOS version.

[2] Ultrasonic HPD is disabled by default.

## MANAGEABILITY

### System Management

#### System Management<sup>[1]</sup>

- Intel® vPro® Enterprise<sup>[2]</sup>
- Non-vPro®

Notes:

[1] Intel® vPro® platform require an eligible Intel® processor, a supported operating system, Intel® LAN and/or WLAN silicon, firmware enhancements, and other hardware and software necessary to deliver the manageability use cases, security features, system performance, and stability that define the platform. See [Intel® vPro® Platform](#) for details.

[2] Intel® vPro® offers a superset of DASH's defined capabilities.

## SERVICE

### Warranty

#### Base Warranty\*\*

- 1-year courier or carry-in service
- 1-year courier or carry-in with 2-year system board service (Korea only)
- 1-year limited onsite service
- 3-year (1-yr battery) courier or carry-in service
- 3-year (1-yr battery) limited onsite service
- No base warranty

## ACCESSORIES

### Bundled Accessories

#### Bundled Accessories\*\*\*<sup>[1]</sup>

- Lenovo® HDMI® to VGA Monitor Adapter
- Lenovo® USB-C® to DisplayPort™ Adapter
- Lenovo® USB-C® to Ethernet Adapter (1Gbps)
- Lenovo® USB-C® to VGA Adapter
- None

Notes:

[1] For more compatible accessory solutions, please visit [Accessories for ThinkPad® T14s Gen 5](#).

## OPERATING REQUIREMENTS

### Operating Environment

#### Temperature<sup>[1]</sup>

- Operating: 5°C (41°F) to 35°C (95°F)
- Storage and transportation in original shipping package: -20°C (-4°F ) to 60°C (140°F)
- Storage without package: 5°C (41°F) to 43°C (109°F)

#### Relative Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage and transportation: 5% to 95% at wet-bulb temperature 27°C (81°F)

#### Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

[1] When you charge the battery, its temperature must be no lower than 10°C (50°F).

## ENVIRONMENTAL

## Sustainability

### Material<sup>[1]</sup>

Carbon fiber plate (50% PIC foam core) + PC / GF (30% recycled) or 50% recycled aluminum on top cover  
90% recycled magnesium on keyboard frame  
55% recycled aluminum on bottom cover  
85% PCC recycled plastic used in backlit keycaps  
90% PCC recycled plastic used in speaker enclosure  
90% recycled plastic used in the 58Wh battery frame  
90% PCC recycled plastic used in standard 45W and 65W adapter  
95% PCC recycled plastic used in cable holders  
Plastic free packaging with FSC certified paper

Notes:

[1] PCC: Post Consumer Content, recycled materials from customers.

## CERTIFICATIONS

### Green Certifications<sup>[1]</sup>

#### Green Certifications<sup>[2]</sup>

- ENERGY STAR® 9.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified, generation 10

Notes:

[1] The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration. For ESG & regulatory compliance documents, please visit <https://compliance.lenovo.com>.

[2] EPEAT™ registration and ENERGY STAR® certification are optional and only available on the models with preloaded OS. Please visit [PEAT.net](http://PEAT.net) and [energystar.gov](http://energystar.gov) for more information.

### Other Certifications

#### Mil-Spec Test

MIL-STD-810H military test passed

#### Other Certifications

- (Optional) Eyesafe® Certified 2.0
- (Optional) Intel® Evo™ Platform

- Feature with \*\* means that only one option listed under the feature can be configured on selected models. Please refer to the model configuration for specific information.
- Feature with \*\*\* means that one or more options listed under the feature can be configured on selected models. Please refer to the model configuration for specific information.
- Lenovo reserves the right to change specifications or other product information without notice. Lenovo is not responsible for photographic or typographical errors. **LENOVO PROVIDES THIS PUBLICATION "AS IS", WITHOUT WARRANTY OF ANY KIND, EITHER EXPRESS OR IMPLIED, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE.** Some jurisdictions do not allow disclaimer of express or implied warranties in certain transactions, therefore this disclaimer may not apply to you.
- The specifications on this page may not be available in all regions, and may be changed or updated without notice.

